

LATEST THEORY OF CATARRH EXPLAINED BY DR. HARTMAN



DR. S. B. HARTMAN

Catarrh begins by congestion of the blood vessels of a mucous membrane. Any mucous membrane is made up mostly of minute blood vessels, called capillaries. Cold or irritation of any sort is liable to produce congestion of these capillaries. If the irritation is slight and is quickly removed, the congestion very soon disappears and no bad result obtains. But if the irritation is repeated many times or is long continued, a chronic condition of congestion of the mucous membranes may occur. This is ordinarily called catarrh.

The blood no longer circulates freely in the small blood vessels that compose the mucous membrane. The blood becomes dammed up in the vessels, causing the vessels to swell up and the blood to stagnate and the serum of the blood to exude from the walls of the blood vessels, producing discharges.

These discharges are ordinarily called mucous discharges. The fact is, however, that the discharges are not properly mucus. Real mucus does not irritate, but is a wholesome fluid which covers every mucous membrane in the body.

The catarrhal discharge is a deranged sort of mucus that is irritating and very unwholesome. Such a discharge not only further irritates the mucous membranes, sometimes completely destroying them, but the discharge is a weakening drain on the system. Precious blood serum is lost in this way.

This condition of affairs is liable to happen in the stomach, in the bowels, and in any other internal organ. As said before, it most frequently occurs in the nose and throat.

Sometimes a little relief can be obtained by the use of local applications, especially when the catarrh is confined to the nose and throat. But catarrh cannot be successfully treated by local applications. The only remedies that are effective are internal remedies.

To devise a remedy for catarrh that could be taken safely and effectively for catarrh wherever it happened to be located in the body, to devise such a remedy has been the ambition and study of my lifetime.

I think I have obtained such a remedy in Peruna. I regard Peruna as an effective and a safe catarrh remedy. I have never recommended it for any other disease than catarrh. The notion that prevails that I regard Peruna as a cure-all is entirely erroneous. Catarrh is liable to affect so many organs for which I have recommended Peruna that it has given rise to the impression that I recommend Peruna for different diseases. I recommend Peruna only for catarrh. But I do insist that it is a remedy not only for catarrh of the nose and throat, but for catarrh of the stomach and lungs, larynx, liver and other internal organs. The kidneys are especially liable to catarrh. If the catarrh goes on unchecked in the kidneys it leads to organic disease, sometimes called Bright's disease.

I wish to make it plain that Peruna is not a cure-all; that I have never recommended it as a cure-all; that I have always insisted that it was a remedy for catarrh and for catarrh only. I hope I have made this plain.

If catarrh affects the stomach, Peruna is the remedy.

If catarrh affects the kidneys, Peruna is the remedy.

If catarrh affects the colon, the intestines, or the lungs, Peruna is the remedy.

Not because Peruna is a remedy for many diseases, but because catarrh can locate itself in these various organs and disturb their functions.

Some times catarrh is associated with constipation. Other times a catarrhal subject may not be troubled with constipation. In some instances there is a looseness of the bowels.

People beginning the use of Peruna for chronic catarrh, wherever located, will usually get valuable advice by writing me, giving me a statement of the case.

I do not think it will be necessary for me in this article to describe catarrh of the various organs of the body. It is sufficient for me to say in a general way that any organ is subject to catarrh, because these organs are lined by a mucous membrane. When once catarrh attacks an organ, it deranges the function of that organ more or less.

If catarrh attacks the stomach, dyspepsia is the result.

If it attacks the larynx and bronchial tubes, bronchitis and laryngitis will result.

If it attacks the lungs, cough and symptoms that resemble consumption will follow.

If catarrh attacks the kidneys disturbance of the urinary organs is certain. Catarrh of the bladder is a very common form of catarrh. It produces distressing symptoms. A large proportion of men past middle life have this form of catarrh, more or less.

I not only devised a remedy to meet these cases, but I have at my command a corps of assistants and helpers who enable me to come into personal touch with thousands of people suffering from catarrh, and assist them in the treatment of their case.

Peruna, Man-a-lin and La-cu-pia manufactured by the Peruna Company, Columbus, Ohio. Sold at all drug stores.

SPECIAL NOTICE—Many persons inquire for the old-time Peruna. They want the Peruna that their fathers and mothers used to take. The old Peruna is now called Katar-no. If your dealer does not keep it for sale, write the Katar-no Company, Columbus, Ohio, and they will tell you all about it.—Adv.

GRANITEVILLE.

The Odd Ladies of Victor lodge will hold a fair in Miles' hall, November 14, 15 and 16. A good entertainment will be given each evening, followed by dancing. Music will be furnished by the Imperial orchestra. Door prize each evening. Everybody come and enjoy a good time.

"CASCARETS" BEST BOWEL CLEANSER

No Biliousness, Headache, Sick, Sour Stomach, Indigestion, Coated Tongue or Constipation.

Furred tongue, bad taste, indigestion, sallow skin and miserable headaches come from a torpid liver and clogged bowels, which cause your stomach to become filled with undigested food, which soon and ferments like garbage in a swill barrel. That's the first step to unfold misery—indigestion, foul gases, bad breath, yellow skin, mental fears, everything that is horrible and nauseating. A Cascaret to-night will give your constipated bowels a thorough cleansing and straighten you out by morning. They work while you sleep—a 10-cent box from your druggist will keep you feeling good for months. Millions of men and women take a Cascaret now and then to keep their stomach, liver and bowels regulated, and never know a miserable moment. Don't forget the children—their little insides need a good, gentle cleansing, too.—Adv.



If you want your deer head mounted properly send it to

GEO. S. TUTTLE, TAXIDERMIST, SOUTH RYEGATE, VERMONT.

Send for price list and tags. Ten years' experience. Museum methods.

Broom Sale

For a few days only a nice House Broom for only

25c

THE N. D. PHELPS CO.

Telephone 29 Barre, Vermont

WILLIAMSTOWN.

Most of the schools in town will close next Friday for a vacation of one week.

Mr. and Mrs. Hubert Croteau have moved from the Smith stock farm, Barre, to George W. Lynde's farm on the west hill, where Mr. Croteau will be employed this winter.

Charles L. Hayward, Henry J. Martin, J. Martin, J. F. Bailey and L. J. Bailey located and cut down a tree containing a swarm of bees on land of Walter E. Granger last Saturday, getting about 40 pounds of honey.

Work was begun last Saturday on the new tile drain on South Main street; it may not be generally known that Mrs. Laura L. Ainsworth furnished the tile for this drain at a cost of \$238, the town agreeing to be to the expense of ditching and putting it in place.

Guy E. Martin is preparing to build an addition to the barn on the premises lately bought of Herbert N. Farnham.

Clyde Morse returned the 16th from a few days' stay at the home of his parents in Bakerfield, having been called there to attend the funeral of a brother.

Somewhere between five and six thousand pieces of mail are handled each month by each one of three R. F. D. carriers serving routes from the Williamstown offices. This number will, no doubt, be largely increased when the new parcel post law goes into effect the first day of January, 1913.

ORANGE.

Charles Peake and Arthur Magoon each got a deer Saturday.

The condition of Mrs. Herbert Farnham, who is in the Barre hospital, remains about the same.

Mrs. Coa Noyes is quite seriously ill. Mr. and Mrs. John Clark have returned from a visit to relatives in Barre.

Mrs. Edwin Peake is clerking in McAllister Bros' store at East Barre.

Mrs. Fred Magoon has been visiting her sister, Mrs. Herbert Hutchins, in Barre.

Mr. and Mrs. Roy Mills are housekeeping in an upstairs tenement at Mrs. R. E. Beard's and Mr. Mills is working for Frank Beard.

The condition of Mrs. Charles Wood stays about the same.

Deafness Cannot Be Cured

by local applications, as they cannot reach the diseased portion of the ear. There is only one way to cure deafness, and that is by constitutional remedies. Deafness is caused by an inflamed condition of the mucous lining of the Eustachian tube. When this tube is inflamed you have a humming sound or imperfect hearing, and when it is entirely closed, deafness is the result, and unless the inflammation can be taken out and this tube restored to its normal condition, hearing will be destroyed forever; nine cases out of ten are caused by Catarrh, which is nothing but an inflamed condition of the mucous surface.

We will give one Hundred Dollars for any case of Deafness (caused by catarrh) that cannot be cured by Hall's Catarrh Cure. Send for circulars, free.

Sold by Druggists.

F. J. CHENEY & CO., Toledo, O.

Take Hall's Family Pills for constipation.

BE CAREFUL WHAT YOU TAKE FOR COLDS

The danger in using patent medicines is from the stimulants and dangerous drugs which many of them depend on for their temporary effect. Because it is free from alcohol, narcotics and dangerous drugs, Father John's Medicine has had 30 years of success as a tonic and body builder, for heating throat, lungs and in the treatment of coughs and colds. Father John's Medicine is a doctor's prescription—pure and wholesome. Guaranteed.

FATHER JOHN'S MEDICINE

Miss Abbie Chamberlain of Northfield spent the week-end with Mrs. W. P. Reed.

Mr. and Mrs. Dave LaFevre spent Sunday at the home of Mrs. LaFevre's parents in Williamstown, the 22nd of November. His subjects will be the Yosemite Valley, Wagon, and the Giant Sequoias, Mariposa county, California. Mr. Sparhawk passed several months in that state, and his lecture is very interesting.

Harley Bruce, who has been ill at his home on School street for several days, has been taken to the sanatorium for treatment. It is feared he may develop typhoid fever.

CHELSEA.

Mrs. Charles E. Harrigan of East Corinth came last week to spend a few weeks as the guest of Miss Emma L. Darling.

C. I. Hood returned Thursday to his home in Lowell, Mass., after spending a week as the guest of his brother, William F. Hood.

Mrs. Mabel Ormsby Ross of Hyde Park, Mass., was in town for a day visiting friends.

Mrs. Jennie Moore Mayall of Paxton, Mass., last week for a few days and has been the guest of Mr. and Mrs. Henry Clark and Mrs. Abbie L. Davis.

H. O. Bixby, assignee of F. A. Prescott, is making good progress in disposing of the Prescott stock of hardware and other property which came into his hands under the assignment. Saturday he sold Prescott's nice driving mare to Charles Washburn of Corinth.

Oliver E. Burgess, Dean H. Gilman, Wallace Sanborn, Henry B. Dumont, Edward L. Larkin and Earl Larkin left last Thursday for Hancock, to remain during the deer season. They were joined in Tunbridge by several other hunters, and Hale W. Martson carried the party to Hancock in his auto truck.

Road Commissioner Wilmarth H. Lane completed laying the drain line on Main street last Thursday and commenced Friday grading around the new school building.

Deputy Sheriff George A. Tracy was in Stratford on official business Thursday. Sheriff Edward W. Kent of Randolph was here on official business Saturday.

The ladies of the Congregational church will hold a sale at the church vestry on Wednesday afternoon and evening, December 4th. Fancy work, vegetables, kitchen articles, aprons, food and home-made candy will be among the various articles that can be purchased at this sale.

Miss Kate Whitney, who has made her home for several years in Athol, Mass., came recently to spend the winter with her brother, Herman N. Lyford, in the south part of Washington.

Among the business visitors in town last week were L. J. Robinson of Waterbury, James C. Holmes of Brookfield, William S. Sanborn of Bradford, C. A. Washburn of Corinth and M. H. Hazen of South Royalton.

Mrs. Bertha Berry Gilbert, who has had employment in Bethel for some time, returned last week and is stopping at the home of her mother, Mrs. Laura Berry, in the "upper village."

The new Chelsea dramatic company have in rehearsal the new three-act comedy drama, entitled "The Gipsy," which they will present at the Chelsea opera house on Thanksgiving evening, November 28. Music for the play and the dance which will follow will be furnished by the Chelsea opera house orchestra. The leading role will be played by Myron A. Little and he will be assisted by a strong personnel who make up the cast of characters.

Mrs. Calista R. Lucas, who has been ill at the home of her daughter, Mrs. Thomas R. Lucas, for several months, has now so far recovered as to be able to return to her home on North Main street last week.

Mrs. Lydia Bixby of Brookfield is visiting at the home of her niece, Mrs. Charles W. Goodwin.

O. D. Tracy has purchased an up-to-date cash register which he is now enjoying and wonders how he has conducted his business so many years without one.

Several young ladies appeared Thursday and Friday to take the teachers' examinations which were conducted at the high school building by Union Superintendent N. N. Love of Williamstown.

Carl M. Beckwith has taken a contract from S. C. Wilson to get out some fifty thousand feet of lumber this winter. The lumber goes to Whitney's mill.

WILLIAMSTOWN.

Mr. and Mrs. Elmer L. Tracy celebrated their silver wedding at their home on November 10. Friends were present from Barre, Berlin and Northfield. Mr. Tracy's father, L. G. Tracy of Randolph, whose 80th birthday falls on the same day, making it a double anniversary. The elder Mr. Tracy is staying with his son for a week, while other relatives and friends were present only for the day. A very pleasant time was enjoyed by all present.

A union meeting of the Home Missionary societies of the Methodist and Congregational churches will be held in the parlors of the latter church on Wednesday afternoon next, at 2:30 p. m.

Edwin C. and Heman E. Smith have lately installed a milking machine on their premises capable of milking four cows at a time. So far it seems to be working successfully, and the cows do not object to its use.

As Mrs. L. D. Gale is to be away from home for a time, the meeting of the Home Study club which was to be held with her this week has been indefinitely postponed.

News has been received here of the death of John Work at his home in Royden, Iowa, November 8. Mr. Work was 80 years old and a native of this town. Only two mothers of the family are now living, Danforth T. Work of Neponset, Ill., and Mrs. Laura A. Dennis of Spokane, Washington.

Mrs. Laura Farnham picked a dandelion in full bloom in her yard the 18th. While the blossom was not large, it was as perfect as though it had opened in June.

Miss Marion Lasell has finished a successful term of school in West Fairlee and arrived home yesterday.

RANDOLPH.

Frank Parsons of New York City is at the Parsons farm, arranging for the sale of his father's farm and the stock and farming implements the 29th of this month. John Parsons, another son, has been on the farm for the last year, but it is the intention of the brothers to make a sale of all the property, and Mr. Parsons will pass the time with his children, going first to Manchester, to remain with his daughter, Mrs. Ella (Parsons) Connor.

Miss Jennie Bell, daughter of the late ex-Gov. Bell of Walpole, who has been with Mrs. E. H. Mason since last week, returned home on Monday.

Mr. and Mrs. Frank Ketchum, who have been for several weeks in Boston, Worcester, Concord, N. H., and White River Junction, returned home Monday.

Mrs. A. R. Crandall, who has been with her son, Charles Crandall, of Burlington and his family for a few weeks, arrived here on Monday, accompanied by Mr. Crandall, to pass the winter with her daughter, Mrs. E. T. Salisbury.

Mrs. C. R. Pratt left Monday for Pittsfield to visit her sister, Mrs. Ellen Brown, who is now quite ill.

Rev. Frank B. Locke of Brookfield will deliver an address before a union meeting in the Methodist church vestry on Wednesday evening, taking for his subject some facts in regard to home missionary work.

The bursting of a water pipe in the vestry of the Methodist church on Saturday flooded the vestry and some part of the auditorium with water, making it impossible to occupy the vestry on Sunday.

Rev. W. T. Sparhawk will deliver an illustrated lecture at the agricultural hall at Randolph Center, the 22nd of November. His subjects will be the Yosemite Valley, Wagon, and the Giant Sequoias, Mariposa county, California. Mr. Sparhawk passed several months in that state, and his lecture is very interesting.

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Tells Consumptives How He Got Well

Tuberculosis is said to be curable by simply living in the open air and taking an abundance of fresh eggs and milk. Undoubtedly, some persons are benefited in this way; but the appropriate remedy for Consumption is Eckman's Alternative. Do all you possibly can to add to strength and increase weight; eat wholesome, nourishing food, and breathe the cleanest and purest air—then, to the sensible things of right living, add the tonic and beneficial effects of Eckman's Alternative. Read what it did in this case:

60 E. 5th Street, Wilmington, Del.

"Gentlemen: In January, 1908, I was taken with hemorrhages of the lungs. My physician, one of the leading practitioners, said that it was lung trouble. I took eggs and milk in quantities, but I got very weak. The doctor said I would not gain in weight as long as I stayed in the store; but I kept on working and prayed each day that I might get well. I believe my prayers were answered, for Mr. C. A. Lippincott, my employer (Lippincott & Co., Department Store, 30 to 34 Market street, Wilmington, Del.), had learned of a remedy called Eckman's Alternative that had done great good, and upon his recommendation, began taking it at once. It was about June, 1908, I continued faithfully, using no other remedy, and finally noticed the clearing of the lungs. I finally believe Eckman's Alternative saved my life. I sent my sputum later to the State Board of Health to be examined for tuberculosis bacilli, and none were found. My mother died from Consumption when I was about two years old.

"I make this statement so that others may learn of the wonderful merits of Eckman's Alternative. I regard my recovery as being miraculous.

(Sworn Affidavit) JAS. SQUIRE.

Eckman's Alternative is effective in Bronchitis, Asthma, Hay Fever, Throat and Lung Troubles, and in upbuilding the system. Do not use opium, cocaine, or habit-forming drugs. Ask for booklet telling of recoveries, and write to Eckman's Alternative, Philadelphia, Pa., for more evidence. For sale by all leading druggists. Red Cross Pharmacy Barre, Vt.

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IT IS SERIOUS

Some Barre People Fail to Realize the Seriousness of a Bad Back.

The constant aching of a bad back, The weariness, the tired feeling, The pains and aches of kidney ills May result seriously if neglected. Dangerous urinary troubles often follow.

A Barre citizen shows you what to do.

George I. Beckley, Hill and Liberty streets, Barre, Vt., says: "I have no hesitation in recommending Doan's Kidney Pills as a remedy of merit for the purpose their use is indicated. I used Doan's Kidney Pills for kidney complaint and lame and aching back, and they have done me a world of good. My kidneys gave me considerable annoyance. Since using Doan's Kidney Pills, I have been perfectly free from kidney complaint."

The above statement was given on May 25, 1911, and when Mr. Beckley was interviewed on August 21, 1912, he said: "Whenever I have any symptoms of kidney complaint, I use Doan's Kidney Pills and they have helped me. I gladly give you permission to use my former statement."

For sale by all dealers. Price 50 cents. Foster-McBirn Co., Buffalo, N. Y., sole agents for the United States.

Remember the name—Doan's—and take no other.

Mrs. Nelson-Church

Correct Millinery

200 NORTH MAIN ST. BARRE, VT.

HOT WATER BOTTLES and Combination Syringes

We do not try to see how cheap we can buy and sell them, but how good we can buy, and then sell them at Reasonable Prices.—Quality First.

D. F. DAVIS "The Druggist,"

262 North Main Street Barre, Vermont

LEWIS JURY DISAGREES.

Finds Defendant Not Guilty on Three Counts and Disagrees on Eight.

St. Louis, Mo., Nov. 18.—The jury in the case of E. G. Lewis, charged with using the mails to defraud, reported to Judge Willard in the United States district court to-day that it had found that Lewis was not guilty on three of the eleven counts in the indictment and that it was unable to agree as to the other counts. The jury was discharged.

BIG DECISIONS WILL WAIT.

No Word from U. S. Supreme Court on Coal and Railroad Cases.

Washington, Nov. 19.—Although this was the fifth decision day of the full term of the supreme court, the court handed down no opinions in the anticipated "trust" or railroad rate cases. The court yesterday afternoon then recessed until December 2.

Modern Treatment For Piles

Sensible Method of a Physician that Thousands Endorse.

Don't put yourself under the surgeon's knife; nine times in ten it isn't necessary. DR. LEONHARDT has won the blessings of thousands by unselfishly offering his wonderful treatment to the public and now it can be obtained at all reliable druggists everywhere.

His treatment ends the distress, the agony and humiliation of piles forever. Why waste time with local applications when the doctor's treatment is guaranteed to banish all kinds of piles or your money back. ASK FOR DR. LEONHARDT'S HEM-ROID. Simple directions come with each package and a 24-days' treatment which is usually sufficient is only \$1.00. The Red Cross Pharmacy guarantees it.

Thanksgiving

That Thanksgiving dinner will surely be a great success if it is completed with one of our luscious mince or pumpkin pies. They are something that all enjoy—the juicy, thick kind—like "mother used to make," with a crisp crust that just melts in your mouth.

THE CITY BAKERY.

This mince will be home-made, by Mrs. Caron herself. We shall have two sizes—10c and 15c. Please leave your orders as early as possible.

C. A. CARON

CITY SANITARY BAKERY

TELEPHONE 12-M. CAMPBELL BLOCK

Linoleums and Oil Cloths

When in need of floor covering, look over our stock and get our prices.

We have 27 different patterns to select from.

GOODS AND PRICES ALWAYS RIGHT

M. J. WHITCOMB

EAST BARRE, VT. Telephone 229-11

THE MONTEPIELIER & WELLS RIVER RAILROAD

WINTER TRAIN SCHEDULE EFFECTIVE SEPTEMBER 30, 1912. BETWEEN BARRE, MONTEPIELIER AND BOSTON.

THROUGH COACH leaves Barre at 7:20 a. m. and Montpelier at 8 a. m. DAILY EXCEPT SUNDAY, arriving in Boston at 4:45 p. m.

LOCAL TRAIN leaves Barre at 12:25 p. m. and Montpelier at 1:10 p. m. DAILY EXCEPT SUNDAY, arriving in Boston at 8 p. m.

PULLMAN SLEEPING CAR leaves Barre at 9:30 p. m. and Montpelier at 10 p. m. DAILY, arriving in Boston at 7:30 a. m.

THROUGH COACH leaves Boston DAILY EXCEPT SUNDAY at 10 a. m., arriving in Montpelier at 5:06 p. m. and Barre at 5:32 p. m.

PULLMAN SLEEPING CAR leaves Boston DAILY at 8:30 p. m., arriving in Montpelier at 7:30 a. m. and Barre at 8 a. m.

UNDERTAKERS

Licensed Embalmers

NIGHT OR DAY CALLS WILL RECEIVE PROMPT ATTENTION

PERRY & NOONAN

Depot Square, Telephones, 425-1-2-3

A TANK HEATER

like this one will earn five cents every day that you use it to warm the water for ONE COW.

This statement is vouched for by many of our best local dairymen, who have kept careful record of the increase of milk from each cow when their drinking water has the chill taken off. How MANY COWS HAVE YOU?

The next 120 days at least will be days when ice will form on every unprotected water tub in Vermont, and when you have to smash the ice for a chance to water your cows. THAT WATER IS NOT FIT TO GIVE A COW. A Tank Heater like the above, large enough to heat the water for ten cows, will cost you \$6.75. HOW CAN YOU AFFORD TO BE WITHOUT ONE? The next larger size is only \$8.00, and will quickly and easily heat the water in the largest tub in this section.

Figure this out for yourself. A lead pencil and piece of paper will show you at once how much each day is costing you in loss of milk, if you have no heater. Then "GO AND SEE ALLEN."

A. W. ALLEN, Averill Mills